

VICTORIA	Organization	Phone	Address	Website or Email	Services	Category
	Denise Savoie's Office	250-363-3600	970 Blanchard Street	www.denisesavoie.ca	A variety of help is available here, including help with EI.	<b>Multi-Service</b>
	Our Place	250-388-7112 or drop-in phone at	919 Pandora Ave, Victoria, BC V8V 3P4	www.ourplacesociety.com	Non-profit society that provides transitional housing, meals, support and advocacy, hygiene facilities, training and more, while striving to give	
	Mustard Seed Food Bank	250-953-1575	Victoria, BC V8T 1L9	mustardseed.ca	Provides advocacy services, counselling and crisis management, and medical services from a nurse. Also provides food, clothing, and hair	
	Cool Aid Society	(250) 385-1466	713 Johnson Street, Victoria, BC V8W 1M8	www.coolaid.org	Provides a wide range of programs including supported housing, community health and dental services, emergency shelter, mental	
	Society of St. Vincent de Paul Social Concerns Office	250-382-0712	828 View Street	www.svdpvictoria.com	The purpose of the Social Concern Office is to provide emergency assistance, mainly in the form of food and clothing to needy people ; to	
	Fernwood Legal Information Clinic		Fernwood, down the alley beside the Fernwood Cafe, Room 138 Murray and	fernwoodlic@gmail.com	Provides legal information, not advice, to anyone on a walk-in basis. Runs only from October to April.	<b>Legal Services and Information, and Advocacy</b>
	UVic Law Legal Information Clinic	250-721-8159	Anne Fraser Building 2675 Bridge Street, Victoria BC V8T 4Y4	legal.info.clinic@gmail.com	Provides legal information, not advice, to anyone on a walk-in basis. Runs only from October to April.	
	John Howard Society of Victoria	250-386-3428	Victoria Courthouse, Room 134A: 850 Burdett Avenue	johnhoward.victoria.bc.ca	Self-governing, non-profit, community based organizations concerned with the prevention of crime and its effect on the community. Staff and The Legal Services Society is a non-profit organization that provides legal aid in BC. Legal aid includes representation by a lawyer, legal advice, and	
	Legal Aid Legal Services Society of Victoria	250-388-4516	134A: 850 Burdett Avenue	www.lss.bc.ca	Is a service of the University of Victoria, Faculty of Law. It provides advice, assistance and representation to clients who cannot afford a	
	The Law Centre	(250) 385-1221	1221 Broad Street, Victoria	www.thelawcentre.ca	Provides a free legal clinic to people who are ineligible for legal aid, and meet the required income guidelines.	
	Salvation Army British Columbia Pro Bono Lawyer Consultation	(250) 386-8521 or 1877-762-	2695 Quadra Street, Victoria, BC V8T 4E3	www.probono.ca	Provides legal education, advocacy, and representation for people with income assistance, disability benefits, and tenancy issues.	
	Together Against Poverty Society	(250) 361-3521	302 – 895 Fort Street, Victoria BC V8W 1H7	www.tapsbc.ca		
	Access Health Centre	Health: 250-385-1466; Dental: 250-370-3191 or 3184	713 Johnson Street, Victoria, BC V8W 1M8 3100 Foul Bay Rd	accesshealthcentre.ca	Services: Cool Aid Community Health Clinic, Cool Aid Dental Clinic, AIDS Vancouver Island	<b>Health Services</b>
	Camosun Dental Services	250-370-3191 or 3184	Victoria BC, V8P 5J2 or Eric Martin Pavilion, 2328 Trent St., Victoria, BC V8R 3rd Fl, Access Health Centre, 713 Johnson	smile@camosun.bc.ca	September to June only. Care is provided by dental hygiene students under the direction and supervision of qualified faculty.	
	Victoria Mental Health	250-370-8175		www.viha.ca/mhas/locations/victoria_gulf/cms.htm	Provides: Short-term psychiatric consultations, ongoing outpatient psychiatric care, case management and community support, close	
	AIDS Vancouver Island	250-384-2366		avi.org	Services for people living with HIV/AIDS or Hepatitis C.	
	AVI-X Mobile Needle Exchange	250-896-AVIX		http://avi.org/sos	Mobile needle exchange run by Aids Vancouver Island, in conjunction with Vancouver Island Health Authority	<b>Mobile Needle Exchanges</b>
	Victoria AIDS Resource & Community Service Society	250-388-6220	1284F Gladstone Ave, Victoria, BC V8T 1G6	www.varcs.org	Mobile X mobile needle exchange offers clean equipment like needles, water, cookers and sterile wipes. Also provides vitamin supplements and	
	Society Of Living Intravenous Drug users (SOLID)	250-386-6263 or 250-298-9497		S.O.L.I.D.@shaw.ca	Mon - Sun * 7am -9am	
	Y-Van Youth Outreach	250-857-1173 or 250-857-1179			Mon – Thurs * 1pm-10pm	
	PEERS RV Outreach				Mon – Sun * 9pm - 1am	
	VIHA Street Nurses	250-361-7056 or 250-818-3373			Monday—Friday	

Victoria Disability Resource Centre	250-595-0044	817 A Fort Street, Victoria, BC V8W 1H6	www.drcvictoria.com	Not-for-profit organization that helps people with all types of disabilities lead independent lives - under their control and by their choice. Nonprofit organization engaged in advocacy work for disabled and low income individuals. Speak with Jim Franklin regarding CPP disability. Assists with CPP disability applications for Aboriginals living on a reserve.	<b>Disability Resources</b>
Action Committee of People with Disabilities	250-383-4105	948 View Street	www.actioncommittee.ca		
BC Aboriginal Network on Disability	250-381-7303	1179 Kosapsum Crescent, Victoria, BC V9A 7K7	www.bcands.bc.ca		
Triumph Vocational Services	250-384-9283	915 Fort Street Victoria, BC V8V 3K3	www.triumphvocational.com		
Greater Victoria Police Victim Services	250-995-7351	850 Caledonia Avenue, Victoria, BC V8T 5J8	www.gvpvs.org	Provides emotional and practical support to victims of crime and trauma. Provides information and emotional support in a confidential The NEED Crisis and Information Line is a telephone-only support and information service that serves Greater Victoria, Port Renfrew, and Toll The Men's Trauma Centre is a non-profit society based in Victoria, B.C. Canada. The Men's Trauma Centre provides	<b>Counselling, Crisis and Victim Services</b>
NEED Crisis & Information Line	250-386-6323 (24 hours)		www.needcrisis.bc.ca		
Men's Trauma Centre	250-381-6367	102 – 1022 Pandora Avenue, Victoria, BC V8V	www.menstrauma.com		
Salvation Army Family Services and Counselling	250-386-8521	2695 Quadra	www.salvationarmycfs.com/counseling.htm		
Spectrum Job Search	250-381-9074	1405 Douglas Street	spectrumjobsearch.com	Non-profit employment assistance agency offering free job search assistance and internet links to job search and corporate sites Services include a community labour pool (speak with Wendy), resources for persons with mental illness and addictions, and computers	<b>Employment Assistance</b>
REES @ Cool Aid	250-595-8619	823 Broughton St	www.coolaid.org/index.php?option=com_content&task		
Ministry of Social Development	1-866-866-0800		www.gov.bc.ca/hsd	General inquiries about income and disability assistance.	<b>Income Assistance Information</b>
Employment and Assistance Tribunal	250-356-6374	PO Box 9994 Stn Prov Govt	www.gov.bc.ca/eaat	Provides basic information on the Employment and Assistance Appeal Tribunal and its responsibilities and procedures. Provides information on	
Ombudsperson of BC	250-387-5855	Second Floor, 947 Fort Street	www.ombudsman.bc.ca	Receives inquiries and complaints about the practices and services provided by public agencies. While not an advocate, the Ombudsperson	<b>Complaints</b>
Society Of Living Intravenous Drug users (SOLID)	250-386-6263 or 250-298-9497		S.O.L.I.D.@shaw.ca	Non-profit society established by former sex workers and community supporters and is dedicated to the empowerment, education and The Ministry of Labour's group for Workers' Compensation Board issues. Provides a steady, helping hand for single parents and caregivers in Victoria by providing education, support and a place to be heard -- in a The VNFC mandate is to meet the needs of Native people in the Greater Victoria area by providing them with services and information designed Helping immigrants, refugees, new Canadian citizens, and visible minorities settle and adapt into new lives in Greater Victoria. VIRCS Helps individuals and organizations to connect across cultures. We provide information, support and tools to help immigrants reach their	<b>Miscellaneous Information and Assistance for Particular Groups</b>
Prostitutes Empowerment and Education Resource Society	250-388-5325	1-744 Fairview Road, Esquimalt	www.peers.bc.ca		
Workers' Advisory Group	250-952-4393		www.labour.gov.bc.ca/wab		
Single Parents Resource Centre	250-385-1114	602 Gorge Rd. East, Victoria, BC V8T 2W6	www.singleparentvictoria.ca		
Victoria Native Friendship Centre	250-384-3211	231 Regina Avenue, Victoria, BC V8Z 1J6	www.vnfc.ca		
Victoria Immigrant and Refugee Centre	250-631-9433	300-637 Bay St Victoria, BC V8T 5L2	www.vircs.bc.ca		
Inter-Cultural Association	250-388-4728	930 Balmoral Road, Victoria BC, V8T 1A8. At	www.icavictoria.org		
Rock Bay Emergency Shelter	250-383-1951	535 Ellice Street	www.coolaid.org/rockbay	Permanent beds, transitional housing, family units, shelter mats during extreme weather. Also has storage, washrooms, training facilities, Has 25 beds, with a length-of-stay typically 30 days. Daytime drop in program averages over 800 hot, nutritious meals served each month.	<b>Shelters and Housing</b>
Sandy Merriman Emergency Women's Shelter	250-480-1408	809 Burdett Avenue	www.coolaid.org/smh		

Burnside Gorge Community Association	250-388-5251	471 Cecelia Road, Victoria, BC V8T 4T4	burnsidegorge.ca/housing	Emergency housing for families with children.
Pacifica Housing	250-356-255	827 Fisgard St, Victoria, BC V8W 1R9	www.pacificahousing.ca	Housing for people with disabilities only.
BC Housing	250-475-7550	3440 Douglas St, Victoria, BC V8Z 3L5	www.bchousing.org	Find permanent, emergency, subsidized, or supportive housing. Also offers tenancy support.
Residential Tenancy Branch	250-387-1602	101-3350 Douglas St	www.rto.gov.bc.ca	If you have a dispute with your landlord or need more information about your rights and responsibilities as a tenant.

<b>More Resources</b>	<b>Emergency Shelters</b>	<b>Emergency Food, Health and Other Support Services</b>
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Cridge Centre for the Family	(250) 384-8058	9-10 Club	(250) 388-5571
Extreme Weather Protocol	250-896-1010	Extreme Outreach Society	250-384-2064
M'akola Group of Societies	250-384-4203	Goldstream Food Bank	250-474-4443
Out of the Rain Night Shelter	250-884-3701	Sidney Lions Food Bank	205-655-0679
Salvation Army Addictions Rehabilitation Centre	250-384-3396		
Sooke Transition House	250-642-2591		
Victoria Women's Transition House	250-380-7527		
Victoria Youth Empowerment Society	250-386-8282		

VANCOUVER	Organization	Phone	Victoria, BC, V8W 9R7	Website	Services	Category
	PIVOT Legal Society	604-255-9700	678 East Hastings Street, Vancouver, B.C. V6A 1R1	www.pivotlegal.org	Non-profit legal advocacy organization based in Vancouver's Downtown Eastside. Represents and defends the marginalized and disenfranchised. Is a non-profit, public interest law office. It provides representation to groups that would not otherwise have the resources to effectively assert Housing and poverty law advocacy. Focus: those struggling with issues of addictions, mental illness, homelessness and poverty. Free legal advice to people in the Lower Mainland who cannot afford a lawyer. LSLAP clinics are run by law students from the University of Runs a human rights clinic with the Community Legal Assistance Society (CLAS) which offers information and advice respecting human rights Referrals to lawyers by legal issues. Lawyers charge \$25.00 fee for half-hour consultation. During this time, fees are negotiated but some well-Provides a free legal clinic to people who are ineligible for legal aid, and meet the required income guidelines. Provides legal assistance in areas of poverty disability, workers' compensation, employment insurance, mental health, human rights and Provides summary legal advice clinics, a province-wide roster program providing services to individuals and non-profit organizations of limited Programs include community education, advocacy and pro bono legal assistance.	Legal Information and Services
	BC Public Interest Advocacy Centre (BC PIAC)	(604) 687-3063	Suite 208-1090 W Pender St, Vancouver	www.bcpiac.com		
	First United Church	(604) 681-8365	320 East Hastings Street, Vancouver, BC V6A 1P4	firstunited.ca		
	The Law Students' Legal Advice Program (LSLAP)	(604)-822-5791		www.lslap.bc.ca		
	BC Human Rights Coalition	(604) 689-8474	#1202 – 510 West Hastings Street, Vancouver, BC	www.bchrcoalition.org		
	Lawyer Referral Service	604-687-3221				
	Salvation Army British Columbia Pro Bono Lawyer Consultation Community Legal Assistance Society (CLAS)	(604) 694-6647 (604) 685-3425	The Salvation Army - Belkin House: 555 Homer Suite 300 - 1140 West Pender Street, Vancouver	www.probono.ca www.clasbc.net		
	Access Pro Bono Society of BC	604-878-7400	106 – 873 Beatty St., Vancouver			
	BC Civil Liberties Association	604.687.2919	550 – 1188 West Georgia Street, Vancouver, BC V6E	www.bccla.org		

Front Line Advocacy Workers (FLAW)	604 254 9626		<a href="http://www.mosaicbc.com/settlement-">http://www.mosaicbc.com/settlement-</a>	The Front Line Advocacy Workers (FLAW) is a coalition of over 70 front-line community organizations, advocates, lawyers and individuals
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Progressive Intercultural Community Services Society	604-596-7722	#205 – 12725 80th Avenue, Surrey, BC V3W	<a href="http://www.pics.bc.ca">www.pics.bc.ca</a>	The Progressive Intercultural Community Services (PICS) Society is a registered non-profit society, charitable organization and United Way Deltassist Family and Community Services Society is a non-profit society that provides integrated and enhanced family and community services S.U.C.C.E.S.S is a multi-service agency established to promote the well being of all Canadians and immigrants. S.U.C.C.E.S.S encourages Jewish Family Service Agency is a private, non-profit social service organization serving members of the Jewish and broader communities Deltassist Family and Community Services Society is a non-profit society that provides integrated and enhanced family and community services Phone line that provides community information to people in the Lower Mainland. Collect calls are accepted.	<b>Multi-Service / Community Service</b>
Deltassist Family and Community Services Society	604.594.3455 local 202		<a href="http://www.deltassist.com">www.deltassist.com</a>		
SUCCESS	604-684-1628	Vancouver, BC V6B 1R6	<a href="http://www.success.bc.ca">www.success.bc.ca</a>		
Jewish Family Service Agency	604-637-3311	305 – 1985 West Broadway, Vancouver, BC	<a href="http://www.jfsa.ca">www.jfsa.ca</a>		
Deltassist Family Services	604 594-3455	9097 120th Street, Delta, BC V4C 6R7	<a href="http://www.deltassist.com">www.deltassist.com</a>		
Inform Vancouver	(604) 875-6381 or (604) 875-				

Coast Mental Health	604-675-2313	1225 Seymour Street	<a href="http://coastmentalhealth.com">coastmentalhealth.com</a>	A co-operative community which fosters an environment that promotes restoring health, personal growth, and a return into society for Covenant House Vancouver exists for those young people for whom there is often no one else — young people aged 16 - 24 who have either Multilingual non-profit organization dedicated to addressing issues that affect immigrants and refugees in the course of their settlement and Nonprofit organization committed to the work of ending violence against women through providing direct service and educational	<b>Mental Health</b>
Covenant House	604-685-7474	575 Drake Street, Vancouver, BC V6B 4K8	<a href="http://www.covenanthousebc.org">www.covenanthousebc.org</a>		<b>Youth</b>
MOSAIC	604-254-9626	1720 Grant Street, Vancouver, BC V5L 2Y7	<a href="http://www.mosaicbc.com">www.mosaicbc.com</a>		<b>Immigrants and Refugees</b>
Atira Women's Resource Society	(604) 331-1407	101 Cordova St E, Vancouver, BC V6A 1K7	<a href="http://www.atira.bc.ca">www.atira.bc.ca</a>		<b>Women</b>

Travelling Legal Clinics	Organization	Phone	Address	Website	Services	Hours
	Pivot @ Atira Women's Resource Society	(604) 331-1407	101 East Cordova		Women's only legal clinic. By appointment only.	Most Mondays, 1-4pm
	Pivot @ Lifeskills Centre		412 East Cordova		First come, first serve.	Only some Tuesdays, 1-3pm
	Pivot @ Bosman Hotel		1060 Howe Street		First come first serve, but Bosman residents are given priority	Some Tuesdays, 1-3pm.
	Pivot's Jane Doe Legal Network	Darcie@pivotlegal.org			If you are a woman who has experienced violence and need legal help our Jane Doe Legal Network may be able to provide you with	

BC-wide	Organization	Phone	Address	Website	Services	Category
	BC Human Rights Coalition	1-877-689-8474	#1202 – 510 West Hastings Street, Vancouver, BC	<a href="http://www.bchrcoalition.org">www.bchrcoalition.org</a>	Runs a human rights clinic with the Community Legal Assistance Society (CLAS) which offers information and advice respecting human rights Provides legal assistance in areas of poverty disability, workers' compensation, employment insurance, mental health, human rights and Provides summary legal advice clinics, a province-wide roster program providing services to individuals and non-profit organizations of limited The Legal Services Society of BC (LSS) provides legal help to low-income people who meet certain criteria. If you don't qualify for representation Provides a link to low cost and free legal services Referrals to lawyers by legal issues. Lawyers charge \$25.00 fee for half-hour consultation. During this time, fees are negotiated but some well-	<b>Legal Assistance</b>
	Community Legal Assistance Society (CLAS)	1-888-685-6222	Suite 300 - 1140 West Pender Street, Vancouver	<a href="http://www.clasbc.net">www.clasbc.net</a>		
	Access Pro Bono Society of BC	1-877-762-6664 or 604-878-7400	106 – 873 Beatty St., Vancouver	<a href="http://www.accessprobono.ca">www.accessprobono.ca</a>		
	Legal Aid	1-866-577-2525 or 604-408-2172		<a href="http://legalaid.bc.ca">legalaid.bc.ca</a>		
	Canadian Bar Association			<a href="http://www.cba.org/BC/public_media/lawyers/430.asp">http://www.cba.org/BC/public_media/lawyers/430.asp</a>		
	Lawyer Referral Service	1-800-663-1919				

Povnet			povnet.org	Provides listings of advocacy services across BC and Canada.	
Best Guide to Canadian Legal Research			www.legalresearch.org	A starting point for legal research. Effective strategies and techniques for Canadian legal research, find and using secondary sources, finding and	<b>Legal Research and Information</b>
Access to Justice Network			www.acjnet.org	Another starting point for legal research, including information on hundreds of legal topics.	
Department of Justice, Canada			www.canada.justice.gc.ca	Information on issues related to federal laws. For example, federal statutes and regulations, constitutional documents, court decisions,	
BC Ministry of Attorney General			www.gov.bc.ca/ag	The website has information on the court system, family issues including Family Maintenance Enforcement, dispute resolution and other related	
Provincial Court of British Columbia			www.provincialcourt.bc.ca	Information on appeals, alternatives trial, frequently asked questions, the complaint process, a court locations map as well as some	
Click Law			www.clicklaw.bc.ca	Online legal information and education site that includes information about family law, immigration law, personal injury law, employment law,	
TRAC Tenant Resource & Advisory Centre	1-800.665.1185 or 604.255.0546		www.tenants.bc.ca	Free legal information about residential tenancy law in BC.	
Residential Tenancy Branch	1-800-665-8779 or 604-660-1020		www.rto.gov.bc.ca	If you have a dispute with your landlord or need more information about your rights and responsibilities as a tenant.	<b>Particular Complaints</b>
Office of the Police Complaint Commissioner	1-877-999-8707 or 250-356-7458	3rd Floor, 756 Fort Street, PO Box 9895, Stn Prov	www.opcc.bc.ca	How to make a complaint about a police officer in British Columbia.	
Security and You			www.securityandyou.ca	Information about your rights when dealing with a private security guard and how to file a complaint against a private security guard.	
BC Human Rights Tribunal (BCHRT)			www.bchrt.gov.bc.ca	Responsible for accepting, screening, mediating and adjudicating human rights complaints. The BCHRT's website provides guides and information	
Men's Trauma Centre	1-866-793-6367		www.menstrauma.com	The Men's Trauma Centre is a non-profit society based in Victoria, B.C. Canada. The Men's Trauma Centre provides	<b>Victim Services</b>
Victim Link	1-800-563-0808		www.communityinfo.bc.ca/victims.htm	Provides immediate crisis support for victims of family and sexual violence, and help for all other victims of crime. Trained Victim Service	
BC Coalition of People with Disabilities	1-800-663-1278	204 - 456 West Broadway, Vancouver BC V5Y 1R3	www.bccpd.bc.ca	Provides disability advocacy, community programs and projects, workshops and training, and plain-language publications.	<b>Disability Assistance</b>
Credit Counselling Society	1-888-527-8999		nomoredebts.org	Help organizing and managing debts, and reducing interest payments.	<b>Credit Counselling</b>